

St Francis PS

**school
food**

try something new today
www.schoolfoodni.com

**Bread, fruit,
yoghurt, milk and
water
are available daily.**

If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One					
W/C 06:01:20	Homemade Vegetable Soup	Chicken Curry & Rice Nann Bread / Salad	Pasta Bolognese Sliced Green Beans	Roast Beef / Stuffing Gravy	Oven Baked Fish Peas / Sweetcorn
W/C 03:02:20	Hot Dog & Saute Onions	or	or	Carrot & Parsnip	Chips / Baked Potato
W/C 02:03:20	Salad & Coleslaw	Assorted Sandwiches	Assorted Sandwiches	Dry Roast / Mashed Potatoes	Wheaten Bread
W/C 30:03:20					
W/C 04:05:20					
W/C 01:06:20	Flakemeal Biscuit Fresh Fruit	Fruit Muffin / Milkshake Fresh Fruit & Yoghurt	Vanilla Sponge & Custard Fresh Fruit	Frozen Fruit Smoothie Frozen Fruit	Ice cream & Chocolate Sauce / Fresh Fruit
Week Two					
W/C 13:01:20	Filled Baked Potato Oven Baked Sausages	Chicken Curry & Rice Crusty Bread / Salad	Lentil Soup Steak Burger in a Soft Floury	Roast Turkey / Stuffing Gravy	Oven Baked Fish in a Crumb Coating
W/C 10:02:20	Baked Beans	or	Bap	Broccoli / Cauliflower	Peas / Sweetcorn
W/C 09:03:20	Dry Roasted Potato Wedges	Assorted Sandwiches	Saute Onions / Coleslaw	Dry Roast / Mashed Potatoes	Chips / Baked Potato
W/C 06:04:20			Tossed Salad		Crusty Bread
W/C 11:05:20					
W/C 08:06:20	Chocolate Sponge & Custard Fresh Fruit	Melon & Yoghurt	Ginger Cookie & Fresh Fruit	Ice Cream Tub & Fresh Fruit	Fruit Muffin & Fresh Fruit
Week Three					
W/C 20:01:20	Beef Stew Baton Carrots	Chicken Curry & Rice Nann Bread / Salad	Ham & Cheese Pizza Salad / Coleslaw	Roast Chicken / Stuffing Gravy	Fish Finger / Salmon Fishcake Peas
W/C 17:02:20	Mashed Potatoes	or	Herb Diced Potatoes	Broccoli	Chips / Baked Potato
W/C 16:03:20		Assorted Sandwiches	or	Dry Roast / Mashed Potatoes	Wheaten Bread
W/C 20:04:20			Assorted Sandwiches		
W/C 18:05:20					
W/C 15:06:20	Date Krispie Bar & Fresh Fruit	Fruit, Jelly & Ice Cream	Mandarin Sponge & Custard	Flakemeal Biscuit & Fresh Fruit	Frozen Mousse & Melon
Week Four					
W/C 27:01:20	Filled Baked Potato Chicken Bites	Chicken Curry & Rice Nann Bread / Salad	Steak Burger / Gravy Medley of Fresh Vegetables	Roast Gammon / Stuffing Gravy	Oven Baked Fish in a Crumb Coating
W/C 24:02:20	Baked Beans	or	Mashed Potatoes	Savoury Cabbage	Peas / Sweetcorn
W/C 23:03:20	Herb Diced Potatoes	Assorted Sandwiches		Dry Roast / Mashed Potatoes	Chips / Baked Potato
W/C 27:04:20					
W/C 25:05:20	Fruit Sponge & Custard Fresh Fruit	Fruit Muffin & Fresh Fruit	Frozen Yoghurt & Fresh Fruit	Coconut Biscuit & Fresh Fruit	Date Fudge Bars & Fresh Fruit
W/C 22:06:20					

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