

St Francis PS

school food

try something new today
www.schoolfoodni.com

Bread, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Homemade Vegetable Soup	Chicken Curry & Rice Nann Bread / Salad or Assorted Sandwiches	Pasta Bolognese Sliced Green Beans or Assorted Sandwiches	Roast Beef / Stuffing Gravy Carrot & Parsnip Dry Roast / Mashed Potatoes	Oven Baked Fish Peas / Sweetcorn Chips / Baked Potato Wheaten Bread
W/C 06:01:20					
W/C 03:02:20	Hot Dog & Saute Onions				
W/C 02:03:20	Salad & Coleslaw				
W/C 30:03:20					
W/C 04:05:20					
W/C 01:06:20	Flakemeal Biscuit Fresh Fruit	Fruit Muffin / Milkshake Fresh Fruit & Yoghurt	Vanilla Sponge & Custard Fresh Fruit	Frozen Fruit Smoothie Frozen Fruit	Ice cream & Chocolate Sauce / Fresh Fruit
Week Two	Filled Baked Potato Oven Baked Sausages Baked Beans Dry Roasted Potato Wedges	Chicken Curry & Rice Crusty Bread / Salad or Assorted Sandwiches	Lentil Soup Steak Burger in a Soft Floury Bap Saute Onions / Coleslaw Tossed Salad	Roast Turkey / Stuffing Gravy Broccoli / Cauliflower Dry Roast / Mashed Potatoes	Oven Baked Fish in a Crumb Coating Peas / Sweetcorn Chips / Baked Potato Crusty Bread
W/C 13:01:20					
W/C 10:02:20					
W/C 09:03:20					
W/C 06:04:20					
W/C 11:05:20					
W/C 08:06:20	Chocolate Sponge & Custard Fresh Fruit	Melon & Yoghurt	Ginger Cookie & Fresh Fruit	Ice Cream Tub & Fresh Fruit	Fruit Muffin & Fresh Fruit
Week Three	Beef Stew Baton Carrots Mashed Potatoes	Chicken Curry & Rice Nann Bread / Salad or Assorted Sandwiches	Ham & Cheese Pizza Salad / Coleslaw Herb Diced Potatoes or Assorted Sandwiches	Roast Chicken / Stuffing Gravy Broccoli Dry Roast / Mashed Potatoes	Fish Finger / Salmon Fishcake Peas Chips / Baked Potato Wheaten Bread
W/C 20:01:20					
W/C 17:02:20					
W/C 16:03:20					
W/C 20:04:20					
W/C 18:05:20					
W/C 15:06:20	Date Krispie Bar & Fresh Fruit	Fruit, Jelly & Ice Cream	Mandarin Sponge & Custard	Flakemeal Biscuit & Fresh Fruit	Frozen Mousse & Melon
Week Four	Filled Baked Potato Chicken Bites Baked Beans Herb Diced Potatoes	Chicken Curry & Rice Nann Bread / Salad or Assorted Sandwiches	Steak Burger / Gravy Medley of Fresh Vegetables Mashed Potatoes	Roast Gammon / Stuffing Gravy Savoury Cabbage Dry Roast / Mashed Potatoes	Oven Baked Fish in a Crumb Coating Peas / Sweetcorn Chips / Baked Potato
W/C 27:01:20					
W/C 24:02:20					
W/C 23:03:20					
W/C 27:04:20					
W/C 25:05:20	Fruit Sponge & Custard	Fruit Muffin & Fresh Fruit	Frozen Yoghurt & Fresh Fruit	Coconut Biscuit & Fresh Fruit	Date Fudge Bars & Fresh Fruit
W/C 22:06:20	Fresh Fruit				

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