

PS School Meals Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 02/01/23 30/01/23 27/02/23 27/03/23	Breaded Chicken Goujons Sweetcorn, Mashed Potatoes Salad Selection	Steak Casserole/Beef Strips in a BBQ Sauce Mixed Vegetables Mashed Potato	Breast of Chicken Curry & Rice Naan Bread Garden Peas	Roast Beef Traditional Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Oven Dry Roast & Mashed Potatoes	Breaded Fish Fingers Tossed Salad/Coleslaw Chips Baked Potato
	Vanilla Ice Cream, Oranges and Chocolate Sauce	Fresh Fruit Selection & Yoghurt	Jam & Coconut Sponge & Custard	Frozen Yoghurt & Fresh Fruit Selection	Flakemeal Biscuits & Fresh Fruit Chunks
Week 2 09/01/23 06/02/23 06/03/23 03/04/23	Pasta Bolognaise Crusty Bread Tossed salad	Breaded Chicken Bites Sweetcorn Mashed Potato	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas	Roast Pork Traditional Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato	Breaded Fish Fillets Beans Chips Baked Potato Coleslaw
	Melon, Cheese & Crackers	Flakemeal Biscuit & Fresh Fruit	Chocolate Sponge & Custard	Fresh Fruit Selection & Yoghurt	Jelly, Ice Cream and Fresh Fruit
Week 3 16/01/23 13/02/23 13/03/23	Pasta Bolognaise Crusty bread Sweetcorn	Beef Strips in a Spicy Sauce/Steak Casserole Baton Carrots Mashed Potato	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas	Traditional stuffing Gravy Carrot & Parsnip Oven Dry Roast & Mashed Potato	Salmon Fish Cake/Breaded Coleslaw Tossed Salad Chips Baked Potato
	Raspberry Ripple Ice Cream & Fresh Fruit Chunks	Frozen Smoothie & Fresh Fruit	Fruit Sponge & Custard	Popcorn Cookies & Watermelon Chunks	Fresh Fruit Selection & Yoghurts
Week 4 23/01/23 20/02/23 20/03/23	Oven Baked Salmon Baked Beans Mashed potatoes	Savoury Minced Steak Sweetcorn & Peas Mashed Potato	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Baked Potato	Roast Beef Traditional stuffing Gravy Savoy cabbage Oven Roast Dry & Mashed Potato	Breaded Fish Fillets Chips Baked Potato Tossed Salad Coleslaw
	Arctic Roll & Selection of Fresh Fruit	Melon, Cheese & Crackers	Fruit Sponge & Custard	Fresh Fruit Selection & Yoghurt	Flakemeal Biscuit & Fruit Chunks

Menu choices subject to deliveries

Fresh Fish May Contain Bones

If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form